breakfast

Served 6.00-8.30am

Continental - \$9.95 pp

Cereals, yogurt, fruit , toast, juice, chia cups, tea and coffee

Athletes - \$15.70 pp

Continental breakfast + scrambled eggs, cheese & chive omelette, poached eggs, oven-roasted tomato, herbed sauteed mushroom

Premium - \$23.20 pp

(more choice, higher volume and option to customise)

Athletes breakfast + spanish tortilla, smoked salmon, or corn & zucchini fritter

lunch

Served 11.00am - 2.00pm

Cold Lunch - \$14.30 pp

Salad bar, cold cuts, breads, drinks station + two house made salads

Athletes - \$17.00 pp

Salad bar, drinks station + Slow Cooked Greek style lamb, Mediterranean vegetables, pita, tzatziki

Premium - \$24.50 pp

(more choice, higher volume and option to customise)

Athletes lunch + teriyaki salmon or pork schnitzel

tea break

Tea, coffee, cordial, water + your choice of cookies or muffins or pastries or fruit platter

TRACKSIDE BISTRO

example menu

Tea and Coffee - \$3.85 pp

with 2 snack choices - \$6.95 pp

with 3 snack choices - \$8.35 pp

dinner

Served 5.00-8.00pm

Pizza - **\$11.40** pp

Water Cordial + 2 slices of of pizzas

Barbeque - \$15.40 pp

A selection of BBQ Meats, Jacket Potato, Corn on the cob, salad bar and drinks station

Athletes - \$22.80 pp

Salad bar , drinks station + oven roasted chicken breast, roast potatoes, steamed veg, gravy and rolls + chocolate pudding

Premium - \$30.30 pp

(more choice, higher volume and option to customise)

Athletes dinner + southern style chicken or teriyaki salmon

Menu is changed weekly, meals bookings must be finalised 14 days before arrival, meals are available as a packed option, special dietary requirements available on request, special requests are prepared in the same kitchen as allergens, 10% surcharge on public holiday, 2023 rates.