



## **NIKKI HUDSON HOCKEY CENTRE USER GUIDELINES**

- No smoking.
- No animals.
- No food or drink on the pitch surface (water excepted).
- No chewing gum.
- No spitting.
- No containers or bottles made of glass.
- No football boots, cleats or any other type of studded footwear.
- No stiletto-heeled shoes.
- No standing or swinging on gates and fences.
- Group exercise equipment is ***strictly prohibited*** (e.g. weights, barbells, kettle bells, steps, medicine balls or mats).
- Team sports utilise the hockey field during certain times. Please be aware of potential hazards including balls and other sporting equipment.
- Please ensure bags are stored behind the fence in the grandstand and do not obstruct any active areas.
- Please restrict phone usage on the hockey field. Ensure you are not in a hazardous area while using your mobile phone. Preferably all phone usage should be behind the fence.
- All valuables and belongings are left outside the black fence at your own risk.
- Bookings are essential before accessing the hockey field. Please see Gold Coast Performance Centre staff for further information.

***Please see Reception if you have any questions.***