GOLD COAST PERFORMANCE CENTRE

# 50M POOL ALLOCATIONS

19 JULY - 25 JULY

## MON/19 JULY

| | 4:30 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 8:30 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| LANE 1 | POOL CLOSED | | | | | | SOUTHERN CROSS CATHOLIC COLLEGE BIATHLON | | | | | | RACKLEY | TREX | | POOL CLOSED | | |
| LANE 2 | | | | | | | | | | | | | | | | | | |
| LANE 3 | | | | | | | | | | | | | | | | | | |
| LANE 4 | | MEMBERS | | | | | | | | | | | | | | | | |
| LANE 5 | | | | | | | | | | | | | | | | | | |
| LANE 6 | | | | DEEP WATER EXERCISE | | | | DEEP WATER EXERCISE | | | | | | PNG | | | | |
| LANE 7 | | | | | | | | | | | | | | | | | | |
| LANE 8 | | | | | | | | | | | | | SHARKS AQUATICS | | | | | |

## TUES/20 JULY

| | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| LANE 1 | POOL CLOSED | | | | | TREX | | | | | | | RACKLEY HP TRAINING | | | POOL CLOSED | | |
| LANE 2 | | | | | | | | | | | | | | | | | | |
| LANE 3 | | | | | | | | | | | | | | | | | | |
| LANE 4 | | MEMBERS | | | | | | | | | | | | | | | | |
| LANE 5 | | | | | | | | | | | | | | | | | | |
| LANE 6 | | | | | | DEEP WATER EXERCISE | | | | | | | | | DEEP WATER EXERCISE | | | |
| LANE 7 | | | | | | | | | | | | | SHARKS AQUATICS | | | | | |
| LANE 8 | | | | | | | | GCRS | | | | | | | | | | |

## WED/21 JULY

| | 4:30 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 8:30 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| LANE 1 | POOL CLOSED | | SHARKS AQUATICS | | | | | | | | | | | RACKLEY | | POOL CLOSED | | |
| LANE 2 | | TREX | | | | | | | | | | | | | | | | |
| LANE 3 | | | | | | | | | | | | | RACKLEY HP TRAINING | | | | | |
| LANE 4 | | MEMBERS | | | | | | | | | | | | | | | | |
| LANE 5 | | | | | | | | | | | | | | | | | | |
| LANE 6 | | | | DEEP WATER EXERCISE | | | | DEEP WATER EXERCISE | | | | | | PNG | | | | |
| LANE 7 | | | | | | | | | | | | | | | TREX | | | |
| LANE 8 | | | | | | | | | | | | | SHARKS AQUATICS | | | | | |

## THUR/22 JULY

| | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| LANE 1 | POOL CLOSED | | | | | | | | | | | | RACKLEY HP TRAINING | | | POOL CLOSED | | |
| LANE 2 | | | | | | | | | | | | | | | | | | |
| LANE 3 | | | | | | | | | | | | | | | | | | |
| LANE 4 | | MEMBERS | | | | | | | | | | | | | | | | |
| LANE 5 | | | | | | | | | | | | | | | | | | |
| LANE 6 | | | | | | DEEP WATER EXERCISE | | | | | | | | | DEEP WATER EXERCISE | | | |
| LANE 7 | | | | | | | | | | | | | | PNG | | | | |
| LANE 8 | | | | | | | | | | | | | SHARKS AQUATICS | | | | | |

## FRI/23 JULY

| | 4:30 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 8:30 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| LANE 1 | POOL CLOSED | TREX | | | | | | | | | | | | | | POOL CLOSED | | |
| LANE 2 | | | | | | | | | | | | | | | | | | |
| LANE 3 | | | | | | | | | | | | | | | | | | |
| LANE 4 | | MEMBERS | | | | | | | | | | | | | | | | |
| LANE 5 | | | | | | | | | | | | | | | | | | |
| LANE 6 | | | | DEEP WATER EXERCISE | | | | DEEP WATER EXERCISE | | | | | | | | | | |
| LANE 7 | | | | | | | | | | | | | | | | | | |
| LANE 8 | | | | | | | | | | | | | SHARKS AQUATICS | | | | | |

## SAT/24 JULY

| | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| LANE 1 | POOL CLOSED | | | | | | TREX | | | | | | POOL CLOSED | | | | | |
| LANE 2 | | | | | | | | | | | | | | | | | | |
| LANE 3 | | | | | | | | | | | | | | | | | | |
| LANE 4 | | MEMBERS | | | | | | | | | | | | | | | | |
| LANE 5 | | | | | | | | | | | | | | | | | | |
| LANE 6 | | | | | DEEP WATER EXERCISE | | | | | | | | | | | | | |
| LANE 7 | | | | | | | | | | | | | | | | | | |
| LANE 8 | | | | | | | | | | | | | | | | | | |

## SUN/25 JULY

| | 4:30 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 8:30 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| LANE 1 | POOL CLOSED | | | | PARA TRIATHLON | | | MEMBERS | | | | | POOL CLOSED | | | | | |
| LANE 2 | | | | | | | | | | | | | | | | | | |
| LANE 3 | | | | | | | | | | | | | | | | | | |
| LANE 4 | | | | | | | | | | | | | | | | | | |
| LANE 5 | | | | | | | | | | | | | | | | | | |
| LANE 6 | | | | | | | | | | | | | | | | | | |
| LANE 7 | | | | | | | | | | | | | | | | | | |
| LANE 8 | | | | | | | | | | | | | | | | | | |